

## Mc3 HEAL Suggested Steps for Developing Policies for Child Care Sites

Phase	Steps	HEAL Resources	Notes
<b>Phase 1</b> Review Best Practices	Review choice and HEAL assessment and discuss and identify areas of interest and improvement	Choice Assessment	
<b>Phase 2</b> Asses program wants & needs	Asses your own sites -nutrition and physical activity/ garden practices.  Discuss strategies to strengthen goals	HEAL Action Planning Document	
<b>Phase 3</b> Policy development	Review Sample policy's. Draft policy that fits own child care center or home's wants and needs.	Sample Policies  Goal Setting Document	
<b>Phase 4</b> Communicate & Implement	Develop- communicate to entire staff of policy content. Share with family through email, take home flyer. Place policy in handbook. Put on website, and or bulletin board	HEAL Action Planning Document	
<b>Phase 5</b> Monitor & Evaluate	Review HEAL Action Plan. Measure your success. Review with staff and family.  Continue to grow with Growing Strong Award	Growing Strong Award Resource	
Support:	For more info : <a href="mailto:madelene@mc3.org">madelene@mc3.org</a>	Phone: 415-491-5784	