



HEALTHY EATING ACTIVE LIVING

Non Treat Celebrations

SAMPLE POLICY

The sample documents below are provided for general information purposes only. The provision of these sample documents are offered as educational material. Your use of any of these sample documents is at your own discretion

We at (name of child care site) is committed to our children health and wellness. With that understanding a wellness policy has been put into effect that focuses on (fill in blank i.e. Nutrition and physical exercise).

(Name of facility) recognizes the raise of child hood obesity and health problem that are associated with high sugar and refined food products. This our best intentions we have created healthy food and non-treat policy around holidays and celebrations. This policy addresses health and food safety concerns. Our celebrations and will be celebrated by:

1. Food will not compete with regular meals.
2. Food items will be healthy and non-sugar based food and drink
3. Candy, cookies and ice creams is not allowed.
4. Non treat will be used to celebrate holidays, birthdays and celebrations