



# R&R June 2022 Newsletter

Marin Child Care Council

# June workshops

## 3 Day Trauma Informed Care Training

June 7-9<sup>th</sup> 6:30pm-8:30pm

Presenter: Julie Kurtz

People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers. Join us for this 3 Day Trauma informative series that will give you practical strategies for your work with young children.

## Dental Education in ECE

June 15<sup>th</sup> 6:30pm-8:30pm

Presenter: Public Health

Join Marin County Public Health on ways to integrate dental education into your Child Care program. Interested in incorporating a dental program or dental education to your school? Ask questions and learn the importance of dental education for children and ways to support oral health for children. Find out more information to share for families and children as well





# Director's Café/Provider Support Brigade

## Center Directors ONLY!!

Marin Child Care Council is inviting you to a scheduled Zoom meeting

Topic: Directors Café

Time: June 21, 2022 @ 6:00 PM Pacific Time (US and Canada)

### Join Zoom Meeting

<https://us02web.zoom.us/j/82816936439?pwd=amdNUFFya0NKU2FUNU9XTnB2Wjcwdz09>

Meeting ID: 828 1693 6439

Passcode: 631845

## Family Child Care Provider's ONLY!!

Marin Child Care Council is inviting you to a scheduled Zoom meeting

Topic: Provider Support

Time: June 14, 2022 @ 6:30 PM Pacific Time (US and Canada)

### Join Zoom Meeting

<https://us02web.zoom.us/j/87946810153>

Meeting ID: 879 4681 0153





# HEAL NEWS

## **Sunscreen**

Choose the right sunscreen for your families and share info for the families you serve. Share with parents and create a healthy policy around the use of safe sunscreens- to learn more contact Madelene and refer to resources below.

Sunscreen ingredients to AVOID:

- Oxybenzone
- Octinoxate (Octyl methoxycinnamate)
- Homosalate
- Octisalate
- Octocrylene
- Avobenzone

Ingredients in Sunscreen to GET:

- Non nano zinc
- Mineral sunscreen
- Titanium dioxide and zinc oxide (non-spray form)

Remember you never want to use aerosol sunscreen or bug repellent or 2 in one sunscreen bug repellent products.

For more resources visit the website below:

<https://www.ewg.org/sunscreen/report/the-trouble-with-sunscreen-chemicals/>

## **WIFI**

“WIFI what you need to know for children health” was a very important topic and learning opportunity for providers. With great feedback another class will be scheduled for parents and will be open for providers who were not able to attend. Till then remember the 3 Ds when using Smart devices and wireless technologies

- Disconnect (often)
- Duration (be mindful how long they are in use)
- Distance (don't have on body or to head)

For more great resources visit websites below:

<https://ehtrust.org/>

<https://cehn.org/our-work/eco-healthy-child-care/ehcc-faqs/faqs-wireless-radiation/>



# In Person Play Group

## Play Group



June 16th  
10:30 am—11:30 am

Ages 0-5 years old  
Groups are free and  
everyone is welcome to  
join!

Marin Child Care Council  
555 Northgate Dr.  
San Rafael Ca 94903



## IN PERSON

Come meet new friends!

Join us for some fun activities and story time.

Free for anyone in Marin County, come meet new friends!!

Ages 0-5 years old



# Learning Bus

Join the Learning Bus, outdoor story time!

For more information, please visit <https://marinlibrary.org/learning-bus/>

All library events are free!!



 <b>WESTERN WEEKEND</b> June/June 5 12 pm Point Reyes Station	<b>BOLINAS LIBRARY</b> June/June 8 2:30 PM – 3:45 PM 14 Wharf Rd, Bolinas	<b>CORTE MADERA TOWN PARK</b> June/June 14 10:30 am – 11:30 am 498 Tamalpais Drive, Corte Madera	<b>NOVATO LIBRARY</b> June/June 16 10:30 am – 11:30 am 1720 Novato Blvd, Novato
<b>FAIRFAX LIBRARY</b> June/June 17 10:00 am – 11:00 am 2097 Sir Francis Drake Blvd, Fairfax	<b>POINT REYES LIBRARY</b> June/June 21 10:30 am – 11:30 am 11435 CA-1, Point Reyes Station	<b>SOUTH NOVATO LIBRARY</b> June/June 23 11:30 am – 12:30 pm 931 C Street, Novato	 <b>LA FERIA DEL CONDADO DE MAREN</b> June 30 – July 4 Junio 30 – Julio 4



All Library events are free. Call (415) 497-1666 or visit [marinlibrary.org/learning-bus/](https://marinlibrary.org/learning-bus/)  
 Todos los eventos de la biblioteca son gratuitos. Llame (415) 497-1666 or visite [marinlibrary.org/learning-bus/](https://marinlibrary.org/learning-bus/)



# HEAL Weekly Zoom Classes

Madelene from Healthy Eating Active Living Program will be offering free and fun classes for Children and Child Care Providers to join every Thursday from 10:30-11:00. This is a supplemental and voluntary. Providers are asked to join on time, mute and participate along with children.

For more information or questions please email Madelene at [Madelene@mc3.org](mailto:Madelene@mc3.org)

Madelene McCann is inviting you to a scheduled Zoom meeting.

Topic: HEAL Weekly Zoom Class

Time: 10:30am-11:00am AM Pacific Time (US and Canada)

Every week on Thursday's,

June 9, 2022 10:30 AM

June 16, 2022 10:30 AM

June 23, 2022 10:30 AM

June 30, 2022 10:30 AM

Join Zoom Meeting

[https://us04web.zoom.us/j/71272741674?pwd=DgObkgMTaepgjASNjW\\_KDbogPhwC.1](https://us04web.zoom.us/j/71272741674?pwd=DgObkgMTaepgjASNjW_KDbogPhwC.1)

Meeting ID: 712 7274 1674

Passcode: 4jJfxJ



Marin Child Care Council  
555 Northgate Dr. Ste 105  
San Rafael, CA 94903

415.472.1092 ph  
415.472.2805 fax